



Overview:

The Everest Base Camp Trek in Nepal, also known as the EBC Trek, is an all-inclusive trekking package that departs from Kathmandu, Nepal, and travels to the base camp of the highest peak in the world as well as the Kala Patthar (5,545 m) along the way. This climb is at the top of the to-do lists of outdoor enthusiasts all around the globe because it provides a breathtaking up-close view of towering Mount Everest, the tallest mountain in the world, from every direction. Some individuals climb Mount Everest in order to demonstrate their strength and perseverance in the face of adversity, while others do it in order to explore the world's highest mountains and take in the breathtaking vistas of peaks like as Everest, Lhotse, Nuptse, Pumori, and Ama Dablam. If you include yourself among them, then participating in this hiking vacation is the most suitable option for you. Do you have any concerns regarding the level of difficulty of the trek to Everest Base Camp? Although we go on foot to reach the hilly terrain, the hike itself is not very difficult and takes place along a well-trodden path. Therefore, hiking to Everest Base Camp is not nearly as difficult as the name suggests. On the other hand, one needs a significant amount of willpower in addition to a little of luck. Learn beneficial information from those who are experienced in hiking.

Please Note: Due to air traffic, Lukla flights may operate from Ramechhap Airport (Manthalli) rather than Kathmandu at times during the season. Ramechhap Airport is located 150 kilometers from Kathmandu. In this case, we charge our customers for transportation. A one- way road ticket to/from Ramechhap airport costs around NPR. 2500 per side, or about INR. 1500. It takes approximately 4 to 5 hours to travel to/from Ramechhap. Come to Universal Camper and get affordable packages.



@ 75,000 INR Total Cost Per Person

COMPLETE EBC PACKAGE

- O All Meals Included (Veg)O Hot Shower Facilities
- 2 Litre Warm Drinking Water2 Days Hotel Stay In Kathmandu
- o 1hr Phone Charging (Daily)



Arrival in Kathmandu, which is located at an altitude of 1,400 meters / 4,593 feet.

O You will be picked up from the airport and given the day off to relax so that you may make the most of your time on Thamel street, which is an extremely popular destination. It boasts a large number of restaurants, casinos, and shopping opportunities where one may purchase hiking equipment and supplies..

Day 2

From Kathmandu take flight to Lukla and then trek to Phakding

O Following breakfast, we will make our way to Kathmandu's Tribhuvan International Airport for our domestic flight. To go to Lukla, we will take an aircraft. The overall time spent in the air is thirty-five minutes. This flight will provide you with one of the most memorable experiences you've ever had in the air. The flight will take you over a number of valleys, each of which will provide you with a stunning panorama of the mountain ranges and the Nepalese communities perched above them. When you get to Lukla, our personnel will meet you there and take you to your hotel. We are going to start our hiking immediately and go all the way to Phakding. It is situated at an elevation of 2, 652 metres above sea level. A straightforward walk that takes around 2.5 hours to complete. The path will go through a number of quaint towns as well as some verdant highlands. The Tea House will serve as our home for the night.



Trek from Phakding to Namche Bazaar

O The Namche Bazaar is our destination for today's hike. Namche is located at an elevation of 3,440 metres above sea level. The path is hemmed in on all sides by vast, verdant mountain ranges. Up till Namche, the Dudh Koshi river winds its way down the slope of the valley. Since Monjo is the final place before Namche where we can obtain food, we will have lunch there. The path that connects Monjo and Namche is one that winds its way through dense vegetation and progressively climbs upwards. Just before you reach Namche, you will have a brief opportunity to get a peek of Everest and Lhotse, but the views won't be very clear. Tea House is available for overnight stays.

Day 4 Trek from Namche Bazaar to Khumjung

O We are going to start the day off a bit later than usual and then go to the Namche Museum, which is quite well known for the recently erected monument of Tenzing Norgay. Following our visit to the museum, we will make a brief ascent to Syangboche Airport, which is located directly above Namche Bazaar, and then we will continue along a path in the direction of Khumjung Village. There is a beautiful view of Everest, Lhotse, and Amadablam while you are in Syangboche, which is one of the reasons why the vista is so spectacular. In the 1970s, the legendary beast known as the Yeti was seen in the same settlement that is now known as Khumjung. Khumjung is a large community that is located at the foothill of the holy mountain Khumbila. Khumjung Monastery is where you may see a Yeti Scalp, or at least the local monks believe that it is a Yeti Scalp.



Trek from Khumjung to Tengboche or Debuche

O Tengboche is a little valley that is located at an elevation of 3860 metres. It is without a doubt one of the most breathtaking spots throughout the whole of our hiking trail. The Tengboche Monastery is a well-known and stunning location that is well deserving of a visit. The walk will take around six hours and be of a moderately challenging level.

Day 6 Trek from Tengboche to Dingboche

O We will begin our walk today and make our way towards the Pangboche settlement. Along the way, we will get some beautiful views of Mount Ama Dablam. It is possible that we will eat lunch in the hamlet of Shomare, which is the penultimate settlement before reaching Dingboche. After that, we will continue our walk to Pheriche and then continue on to the Imja Valley. We will be able to observe the Lobuche River, and we will walk across it on our way to Dingboche, which is a walk of moderate difficulty. Spend the night in a traditional Japanese tea house.

Day 7 Rest and Acclimatization day

O Acclimatisation will take place today as planned. We may go on a short walk to gain a view of Mount Lhotse, which is the fourth highest mountain peak in the world, and Mount Makalu, which is the fifth highest mountain peak. You will also notice a great deal of other peaks and mountain ranges in addition to these. Tea House is available for overnight stays.



Trek from Dingboche to Lobuche

O Today marks the beginning of our walk, which will take us first to Dughla (4, 600 m) and then on to Lobuche (4, 940 m). Along this path, we will have the opportunity to see a large stream as well as a number of mountain peaks, some of which are as high as 7,138 metres, such as Mount Pumori, Mount Nuptse, Mount Cholatse, and Mount Thamserku. After we have traversed the Khumbu Glacier, we will have the opportunity to see some of the world's tallest mountains, including Khumbutse, Lingtren, Pumori, and Mahalangur. Although they would all seem to be in close proximity, it will not be able to get a peek of Everest from this vantage point. The total time spent hiking will be between six and seven hours, and the difficulty of the hike will be considered moderate. Tea House is available for overnight stays.

Day 9

From Lobuche to Gorakshep to Everest Base Camp Trek and returning to Gorakshep

O Because the path follows along the moraine of the Khumbu Glacier, this will be an entirely moraine-based route. There is a good chance that the hike to Gorakshep (5, 170m) and Everest Base Camp (5364m) will be a moderate to tough hike. You will be able to get glimpses of Everest along the route, but you won't be able to obtain a comprehensive picture from base camp. However, the Khumbu icefall will be quite obvious. During this section of the hike, you will be surrounded by glaciers and get a close-up view of the enormous mountain. You will feel as if you are in paradise. Tomorrow, from our vantage point on Kala Patthar, we will get an excellent view of the summit of Everest. Spend the night at a Tea House in the town of Gorakshep.



Trek from Gorakshep to Kala Patthar and descend to Pheriche

O Your ascent up Kala Patthar will be the most challenging and time-consuming portion of this particular trekking trip; nevertheless, it will also be the most rewarding. It will be possible for you to see the summit of Everest. In point of fact, Kala Patthar is the only location from where you will be able to see practically all of the high peaks that are located in the Himalayan Ranges that are close by. Going from Gorakshep to Kala Patthar will take around 2.5 to 3 hours of your time. After you reach Kala Patthar, the trail will consist entirely of descents from this point on, and it will become much easier, but you still need to be cautious along the slopes. To get to Pheriche at 4, 371 metres, we will need another three to four hours.

Day 11 From Pheriche to Namche Bazaar Trek

O The journey won't be difficult at all today. As you make your way to Namche Bazaar, you will go via Tengboche. After passing Phungi Thanka, the route will first go in an upward direction for a little while before levelling off and continuing on to Namche Bazaar.



From Namche Bazar to Lukla

O The journey to Lukla should take between 6 and 7 hours to complete. This will continue to be a straightforward journey. Just before we reach Lukla, there will be a little ascent. Spend the night at a Tea House in the town of Lukla.

Day 15 Flight from Lukla to Kathmandu

O Today, we will make our way to the airport to catch our flight to Kathmandu, during which time we will have the opportunity to take in breathtaking views of the valley below. This includes a full day of leisure activities as well as an overnight stay at the hotel.

Day 14 Last day/Departure day of Everest Base Camp Trek

O In order to make your flight, we ask that you check out by 11 a.m.



- O Airport pick up and drop for international
- O Kathmandu domestic airport transfers for Lukla
- O Accommodation in a standard hotel at Kathmandu on twin share basis (2 nights)
- Accommodation during the trekking period, in local mountain lodges called Tea House on twin share basis (11 nights).
- O Domestic return flight tickets (Kathmandu- Lukla Kathmandu).
- O All necessary paperwork and trekking permits (National Park Permit, Khumbu Permit)
- O Certified guide
- O Assistance guide (for 5 or more people).
- O Porter service (2 trekkers: 1 porter).
- O Staff costs including their salary, insurance, equipment, domestic airfare, food.
- O Medical kit (carried by your trek leader).
- O All government and local taxes.
- Please Note: For single trekker we provide porter cum guide. Trek Completion certificate from Sagarmatha National Park Authority (Nepal Govt).

EXCLUSIONS

- O Travel expenses to reach and return from Kathmandu.
- Food and drinking water throughout the trip.
- O Anything not specifically mentioned under inclusions section.
- Additional accommodation and food expenses if trek gets delayed due to weather, flight cancellation, health, or any other reason.
- Personal expenses (phone calls, laundry, bar bills, battery recharge, extra porters, bottle or boiled water, shower, etc.).
- O Health Insurance, Personal Insurance, and other travel insurance.
- Expenses for evacuation and rescue operations due to natural calamity, mishaps, injury, or any health problem.
- O Nepalese visa fee (if applicable).
- O Tips for guide(s), porter(s).

THINGS TO CARRY

- O Government issues Id Card
- O Backpack
- O Headlamp
- O Sunglasses
- O Personal first aid kit and medicines
- O Rain gears
- O Bag rain cover
- O Woolen and Sun cap
- O Buff
- O Thermals
- O T-shits
- O Fleece and Down Jacket
- O Waterproof gloves
- O Trek pants
- O Warm socks
- O Water bottle
- O Sunscreen and body lotion
- O Lip balm
- O Person Toiletries
- O Sanitizer
- O Power Bank
- O Glucose
- O Chocolates
- O Tissue paper and Wet Wipes
- O Waterproof Trekking shoes (can be available for rent also*)

WHY CHOOSE US:

Safety:

O The group of highly skilled and experienced guides at Unicersal Camper is here to ensure that your trek is as risk-free and trouble-free as is humanly feasible. Every single one of our guides has a medical degree and a wealth of experience putting their education to use in mountainous situations.

Expert team:

O The members of our team and guides are the foremost experts in their particular ecosystems. Every guide offers a one-of-a-kind blend of years of expertise in both trekking field and providing services to guests.

Comfort Stay:

O We make sure that your time on the journey is as pleasant as possible. Tents and sleeping bags are supplied, and guests may choose to share with a partner or three others. Camping gear, including tents and sleeping bags, is always spotless.

Customized trekking:

O Today, time is of the essence, and we recognise that you may not be able to modify your schedule to match ours. No need to worry about it; we can create a custom trip for you in which you choose the dates, the route, and the other participants.

Cooked and Hygienic food:

O During the journey, the staff from Universal Camper will ensure your safety and provide you with healthy and cooked meals. When it comes to tasty cuisine, they will not settle for second best. Every time you order, you can be certain that you'll be served with clean, well washed cutlery.

Value for money:

O Not only do we provide competitive pricing to our clients but we also take into account the greatest possible variety of options and adaptability in our deliberations. In addition, Our Company offers a safe payment system that alleviates the anxiety and inconvenience associated with travelling by giving simple payment alternatives. These possibilities include credit as well as bank-to-bank transfers and upi payments.



Q- What is the best Time to visit Everest Base Camp Trek?

A- The best time to visit or book EBC Trek package is 10th March – 10th June and then 20th August – 31st October

Q- What is the age range of Everest Base Camp Trek?

A- EBC Trek is suitable for experienced trekkers. Adults and seniors should carry doctors' notes for their fitness requirements for the journey. They should be fit enough to cover a 4 km distance in 30 minutes and should be able to carry at least a 10 kg backpack.

Q- What is the temperature of Everest Base Camp Trek?

A- Temperature is generally in:

Spring: 15 degree Celsius in day time and -1 degree Celsius in night time

Monsoon: 22 degree Celsius in day time and 4 degree Celsius in night time

Autumn: 17 degree Celsius in day time and -8 degree Celsius in night time

Winter: -5 degree Celsius in day time and -15 degree Celsius in night time

Q- What are the Cancellation charges of Everest Base Camp Trek?

A- Charges are as below:

1. 25 or more days before the date of departure: 30% of total cost.

2.18 – 24 days before the date of departure: 40% of total cost.

3.10 – 17 days before the date of departure: 50 % of total cost.

4. Less than 10 days from the trek start date: 80% of total cost.

5. No refund if trek/tour get started.

6. No charges if you reschedule the trek / tour to any future date (you need to tell us minimum 15 days before the start date).





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